

James - April 10, 2015

I am writing in reference to my experience at the Samaritan House in Lakewood as a resident. I was referred to the Sam House by "Maurice" at The Center as I am a client of the facility that was in need of transitional housing and supplemental counseling and life coaching in order to progress in my endeavors. I have found that both of these offerings were true and met with surprising expedience and focus on real life issues. These issues that have been addressed are the following:

1. **Housing:** The term transitional housing was new to me but I have found that this term is appropriate as many opportunities have been provided other than just a roof over my head; i.e. a job, transportation advice, communication, career advice, etc. All of these needs have been met with urgency by the program at the Samaritan House.
2. **Counseling:** As a recovering alcoholic I have found the Samaritan House to be a safe and sober environment for me. Also provided in this area was a surrounding where the embarrassment and self-deprecation was taken away. Also in counseling I recognized the grief issues that I have ignored for too long as I lost my mom, brother and recently my dad. I continue to address these losses more directly and honestly in order to cope and move forward and around these obstacles and I understand this loss factor as a part of life. Sad part but unavoidable.
3. **Life-Coaching:** As a sober person I have found it to be not only a great way to live but also found the clarity of mind to pursue my career as an electrical project engineer again. I have moved forward in the industry once again and have high hopes for my future. Also as a sober person I have found new friends, repaired relationships and focus again on what is important to me in life and well being.

My experience at the Samaritan House has been nothing but positive and sobering to the root issues that have caused my stumbles and mistakes in my journey. The route seems so much clearer now that the fog is lifted and I am able to find joy in the real things that create happiness in life.

In regards to any foreseen pitfalls or failings in my experience at the Samaritan House I would gather to say that any failure or falls would be of my own doing for not using the tools provided by the House advisory persons for the opportunity to make changes and adjustments in my life for a successful and happy being.

I thank the Samaritan House for all of the aforementioned positive experiences and this opportunity to express my view of the program.

Sincerely,

*James*